**Slack Templates**

**📣 Initial Slack Message**

**Hey team 👋**  
We’ve got an important (and genuinely interesting) session coming up:

**🎙️ Movember @ Work: A Conversation on Men’s Health**  
Join us to learn more about men’s health and how we can all play a part—whether that’s spotting when a mate’s struggling, supporting physical health, or getting behind Movember’s mission.

📅 **[Insert date]**  
🕒 **[Insert time]**  
📍 **[Location or video link]**  
🔗 **[Insert RSVP link]** – pop your name down!

This session isn’t just for men—it’s for anyone who cares about building a healthier, more supportive workplace.  
Bring your curiosity. No moustache required.

**🔔 Reminder Slack Message (Day Before)**

**Quick reminder!**  
Our **Movember @ Work** sessionis happening **tomorrow** – don’t miss it.

🗓️ **[Insert date]**  
⏰ **[Insert time]**  
📍 **[Insert location or link]**

It’s an open, honest convo about men’s health—mental and physical—and what we can all do to help.  
Still time to register: [Insert link]

See you there 👊